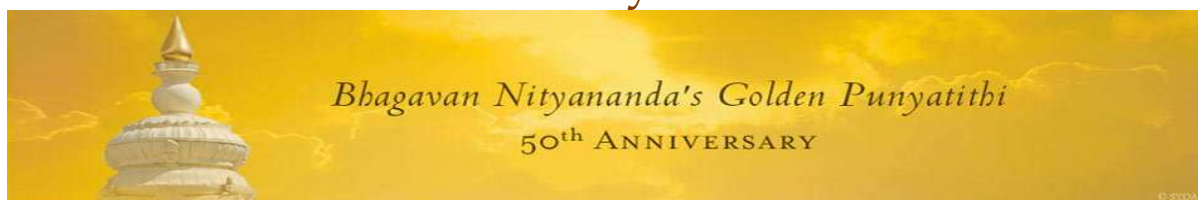


Siddha Yoga® Ashram in Sydney

Learning and Teaching Events

February 2012



We will continue to celebrate Bhagavan Nityananda's Golden Punyatithi
with the second offering of *A Sweet Surprise*

SUNDAY FEBRUARY 12 2012

10.30am – 1.00

Fee: Adults \$85.00 Young Adults (age 24 and under) \$30.00

Online registration is open until Thursday February 9

Please check the noticeboard or the website www.siddhayoga.org.au for information

A Sweet Surprise can also be taken as a webcast at www.siddhayoga.org until March 15

OTHER SPECIAL EVENTS

MAHASHIVARATRI CELEBRATION SATSANG

Mahashivaratri, the Great Night of Shiva, is a time when we celebrate
and invoke the presence of Shiva, the divine power within the heart.

This year *Mahashivaratri* falls on Sunday February 19.

We will celebrate on

Friday February 17

7.30 – 9.00pm

FRIDAY FEBRUARY 17 – SUNDAY FEBRUARY 19

SHORT STAY WEEKEND

As we celebrate Mahashivaratri Siddha Yoga students can deepen their experience of the
subtle energy and grace of the ashram, and nurture it, by living in for the weekend.

For details please take an Application Form from the Reception desk, or email
ashramstays.sydney@siddhayoga.org.au

DAY	DATE	TIME	EVENT
Fridays	February 3, 10, 17, 24	6.30 – 7.00pm	Evening Arati (Course Room)
Friday	February 24	7.00 – 7.20pm	Orientation for newcomers
Fridays	February 3, 10, 24	7.30 – 9.00pm	Evening Satsang
Friday	February 3	7.30 – 9.00	Teen Satsang
Friday	February 17	7.30 – 9.00pm	Celebration Satsang in honour of <i>Mahashivaratri</i>
Friday - Sunday	February 17 - 19	5.30 pm Friday – 12 noon Sunday	Short Stay Weekend
Sunday	February 5	8.00 – 9.30am	<i>Abhishek</i> to Bhagavan Nityananda followed by <i>Sri Guru Gita</i>
Sundays	February 12, 19, 26	8.00am	<i>Sri Guru Gita</i>
Sunday	February 12	10.30am – 1.00pm	Global Audio Satsang: <i>A Sweet Surprise</i>
Sunday	February 19	10.30 – 11.30am	Family Satsang in celebration of <i>Mahashivaratri</i>

REGULAR SATSANGS

Evening Satsangs

Satsang is a gathering of seekers for the purpose of meditation, chanting, listening to scriptural teachings, and discussing spiritual topics. *Satsang* means the company of the good, the company of spiritual seekers; by extension, the company of the Truth. A seeker can also have *satsang* by keeping their own good company through doing the practices, entertaining good thoughts, and cultivating the virtues.

Fridays

7.30 – 9.00pm

Satsang Orientation for newcomers

An orientation for those who are new to the Siddha Yoga path, during which participants will learn about the Siddha Yoga path, the teachings and practices, and about Siddha Yoga satsang.

Following the orientation participants are invited to attend Evening Satsang in the Hall.

Friday 24

7.00 – 7.20pm

Swadhyaya (the chanting of sacred texts)

Sri Guru Gita:

Guru Gita means The Song of the Guru. It is an ancient scriptural text in praise of the Guru, the One in all.

Sundays

8.00am

Arati

The Evening *Arati* is a text chant invoking the power of the inner light. [It is chanted in the Course Room.]

Fridays

6.30 – 7.00pm

Bhagavan Nityananda's Abhishek

Abhishek is the ritual bathing, offered as worship (*puja*), of a *murti*, a statue enlivened with the spirit of the saint.

Everyone is warmly invited to join us for this beautiful form of *puja*, followed by the chanting of *Sri Guru Gita*.

Sunday February 5

8.00am

FAMILY & CHILDREN'S EVENTS

Teen Satsangs

On the first Friday of each month teenagers participate in a Teen Satsang in the Course Room, linking via Skype with teenagers from around Australia. The Teen Satsangs are designed to explore the teachings and practices in ways that are appropriate to their age group.

Friday February 3

7.30 - 9.00pm

Family Satsangs

Satsangs for children up to 12, and their families, in which we explore the teachings and practices with stories and art.

These are held five times a year in celebration of;

Mahashivaratri (February), the Message for the year (April), Gurumayi's Birthday (June),

Bhagavan Nityananda's Solar *Punyatithi* (August), and Baba Muktananda's Lunar *Mahasamadhi* (October).

Sunday February 19

10.30 – 11.30 am

GURUSEVA

Guruseva, selfless service to the Guru, is a transforming practice. At each Friday satsang and on Sunday mornings there are many opportunities to share in offering seva to support the event and to maintain the beauty and cleanliness of this sacred space.

If you would like to know more about participating in this practice please speak to any of the Ashram Managers.

HATHA YOGA

The focus of Siddha Yoga Hatha Yoga is on supporting the main Siddha Yoga learning and teaching events.

There will be some single classes offered at various times during the year.

Please check the calendar each month for details.

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Please note: Retreats, programs, Intensives and other offerings are subject to change without notice.

Additionally, we reserve the right to correct any inaccurate information and/or inconsistencies.